The N.C. Pregnancy Risk Assessment Monitoring System (N.C. PRAMS) is a Centers for Disease Control and Prevention (CDC) initiative to reduce infant mortality and low birth weight. N.C. PRAMS is a random, stratified, monthly mail/telephone survey of North Carolina women who recently delivered a live-born infant. Each month, a sample of approximately 200 women with recent live-born deliveries is drawn from the Provisional Birth File. Every year a core set of questions is asked of these women before, during and after pregnancy. The data that PRAMS collects strives to improve the health of infants and mothers, especially as it is used for planning and assessing health programs, can be used to identify groups of women and infants at high risk for health problems, to monitor changes in health status, and to measure progress towards goals in improving the health of mothers and infants. See the N.C. PRAMS website for more information, specific details on item responses, and data limitations: [http://www.schs.state.nc.us/SCHS/prams](http://www.schs.state.nc.us/SCHS/prams).